

To all on the World Peace Alliance Mailing 6/14/11
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Integrity is essential to the creation of our collective reality of peace and prosperity for the people of the entire planet. **Integrity** is also essential for the creation of our personal reality, our love lives, our prosperity, our physical health and spiritual growth. As one example, you have a body that you should keep in good physical health. If you [ingest ingredients that compromise the integrity of that body](#), you are not living in integrity. Eating wrong is one of many ways physical sickness comes. If you take lies and negativity into your psyche, the integrity of your life will be compromised. True news is not negativity. It's just fact. If you become fearful, or depressed, because of the news then your attitude needs adjustment, not exposure to the facts.

Integrity: Your word must be impeccable – to others and to yourself. Do all that you promise yourself and others, and the power of flow will continue in your individual life. For the collective whole, do the same.

As I've pointed out before, **GOALS** are very important, both for our personal lives, and those of the collective. However, integrity is not just for promises to others, it's for promises to ourselves. If we do not maintain that integrity, then our power to make important changes leaves us. Do you have goals for your body, for your financial prosperity, for your love life? If so, then continue to take steps to bring these goals into your reality – both internally and externally. Priorities must be followed. As an example, if one loses a key, and there's no immediate need to enter the place that key takes the person, then other priorities must be taken care of first, and the key can be found or replaced later if finding or replacing is extremely time consuming, or expensive.

In the book, [The Power of Flow](#), on page 71 we read...

“our whole thing is about making it happen...” “...trust the process.”

Trust moves us into flow, into the power to perceive and create reality, and *lack of trust cuts the power off*. Page 72, “When we trust, we hear the voice within and follow it without hesitation. When we don't trust, our fears drown the voice out.” See the [archives](#) for more information about fear and love.

What that means is that if you trust intuition, it will continue to lead you in the correct direction. If you cease to trust it, it will not lead. [Synchronicity](#), intuition, and [astrology](#) with a psychic and spiritual interpreter works, and they help to reveal our individual paths in life, but if we cease to trust, then the the flow of wisdom ceases. The synchronous events that point the way will cease to occur.

Part of the process of creating reality is **MAKING** and **KEEPING** goals. Another part is recognizing the flow of life: the synchronicity, and the intuition that coincides with the events of life that are like tides of the sea, and winds, the destiny which we flow with. Trust in that flow **MEANS TO FOLLOW WHAT IT TEACHES US, AND GO IN THE DIRECTION THAT IT LEADS US.**

The reason the so-called “elite” cannot, in the end, rule the world is because their whole agenda is based upon lies. Power comes from truth. When we say “shine a light upon that matter” it means to find the truth of it. Light, love, and truth leads to ultimate power. Lies will temporarily help to promote power, but the power from that will not endure. History proves this to be a fact.